



Request for Proposal

Fitness Equipment for

Central Jackson County Fire Protection District

Date Issued: May 15, 2023

Submission Deadline: May 31st, 2023

The Central Jackson County Fire Protection District, herein referred to as “CJCFPD” is requesting sealed bids from qualified companies to furnish, assemble, and set in place, fitness equipment at the CJCFPD Training and Maintenance Facility located at 4715 W 40 Hwy, Blue Springs, Mo. 64015.

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1.0 PURPOSE OF THIS RFP:

The Central Jackson County Fire Protection District is issuing this RFP for the acquisition of fitness/exercise equipment for Station 6. The Central Jackson County Fire Protection District (“District”) seeks comprehensive proposals from the recipient of this RFP (“Vendor”) believed to have the capability and capacity to satisfy the requirements and a serious interest in providing the Services.

1.1 OVERVIEW OF THE CJCFPD’S HEALTH & WELLNESS INITIATIVE:

Background - Our organization shares the philosophy of the initiative that the firefighter is the foundation of the fire service and their health and wellness is paramount to a long and rewarding career. The International Association of Firefighters, International Association of Fire Chiefs with the assistance of Safety and Fitness Technicians developed the initiative in 1997. They joined to provide an overall wellness system that focused on positive, progressive wellness improvement. The main emphasis is to provide for a program which is strategically managed, comprehensive, structured and is data driven, which seeks to improve firefighter health, job-readiness, career longevity, while being cost effective.

Objectives – The District believes that the greatest benefit the Health and Wellness program will provide to the community is a fit Fire and EMS work force. The most important component in emergency response is the firefighter. The ability to respond effectively is enhanced by their level of physical and mental preparedness. A wellness program is cost effective for the community. Injury rates and sick leave usage can be reduced, thereby controlling overtime costs associated with filling vacant positions or utilizing other agencies for response.

Fitness Equipment - Is a vital part of the wellness program. For a balanced exercise program, adequate equipment and facilities must be available to uniformed personnel. It is the goal of the District to provide standardized strength and aerobic equipment. The demands of fire fighting require above average strength. It is the hope the equipment within this RFP will assist in meeting this goal.

1.2 BID SUBMISSION:

If Mailed: Bids will be received by sealed envelope at the administrative offices of the CJCFPD located at 805 NE Jefferson Street, Blue Springs, Mo 64014

If Delivered in person: Sealed bids envelopes may be hand delivered to the administrative offices of CJCFPD on weekdays, excluding federal holidays, M-F, from 8:00 AM to 4:30 PM.

If Emailed: Bids will be received to tjenkins@cjcfpd.org by end of business, May 31st, 2023.

Bids must be received by 4 PM, May 31st, 2023. Please clearly mark bids: **FITNESS EQUIPMENT BID.** Bids received after this date/time will not be considered and no time extensions will be permitted.

For information on this request for proposal, contact Health and Wellness Coordinator, Terisa Jenkins at tjenkins@cjcfpd.org or call 816-463-8542.

1.3 ACCEPTANCE AND REJECTIONS:

The CJCFPD reserves the right to reject any or all Proposals with or without cause; to waive any or all irregularities with regard to the specifications and to make the award offering the greatest advantage to the District.

2.0 GENERAL CONDITIONS

2.1 SEALED BIDS:

An original copy of this Bid Form as well as any other pertinent documents must be returned in order for the Bid to be considered for award. All Bids are subject to the conditions specified within this RFP.

2.2 EXECUTION OF BID:

The Bid must contain a manual signature of an authorized representative in the space provided on the Bid Form. Failure to properly sign Bid Form shall invalidate same and it shall NOT be considered for award. Any illegible entries, pencil Bids or corrections not initialed will not be tabulated. The original Bid conditions and specifications together with bidder's response CANNOT be changed or altered in any way after submission to the District.

2.3 PRICES QUOTED:

Deduct trade discounts and quote firm net prices. Give both unit price and extended total, when requested. Prices must be stated in units of quantity specified in the Bid specifications. In case of discrepancy in computing the amount of the Bid, the UNIT PRICE quoted will govern. All prices must be F.O.B. destination, freight prepaid (unless otherwise stated in special conditions). Bidders are to list discounts to be given the District for prompt payment. Award, if made, will be in accordance with terms and conditions stated herein. Each item must be proposed separately and no attempt is to be made to tie any item or items in with any other item or items. All prices quoted shall be guaranteed for 90 days from Bid date unless otherwise specified.

2.4 TAXES:

CJCFPD is a tax exempt, governmental entity. The District's tax exemption number issued by the State of Missouri, Division of Taxation and Collection will be provided on the final purchase order. All pricing provided in response to this RFP shall be without tax.

2.5 MISTAKES:

Bidders are expected to examine the specifications, delivery schedules, Bid prices and extensions and all instructions pertaining to supplies and services. Failure to do so will be at the bidder's risk.

2.6 BID CONDITIONS:

The CJCFPD reserves the right to waive irregularities in Bids or to reject all Bids or any part of any Bid deemed necessary for the best interest of the CJCFPD.

2.7 EQUIVALENTS:

If bidder offers makes of equipment or brands of supplies other than those specified, it must be indicated in the Bid. Specific article(s) of equipment/supplies shall conform in quality, design and construction with all published claims of the manufacturer.

Brand Names: Catalog numbers, manufacturers' and brand names, when listed, are informational guides as to a standard of acceptable product quality level only and should not be construed as an endorsement or a product limitation of recognized and legitimate manufacturers. Bidders shall formally substantiate and verify that product(s) offered conform with or exceed quality as listed in the specifications.

Bidder shall indicate on the Bid form the manufacturers' name and number if proposing other than the specified brands, and shall indicate ANY deviation from the specifications as listed. Other than specified items offered requires complete descriptive technical literature marked to indicate detail(s) conformance with specifications and **MUST BE INCLUDED WITH THE BID. NO BIDS WILL BE CONSIDERED WITHOUT THIS DATA.**

Lacking any written indication of intent to quote an alternate brand or model number, the Bid will be considered as a Bid in complete compliance with the specifications as listed on the attached form.

2.8 NON-CONFORMANCE TO SPECIFIED CONDITIONS:

Items may be tested for compliance with specifications. Any item delivered, not conforming to specifications, may be rejected and returned at bidder's expense. These items and items not delivered as per delivery date in Bid and/or purchase order may be purchased on the open market. Any increase in cost may be charged against the bidder. Any violation of these stipulations may also result in Bidder's Name being removed from the vendor list.

2.9 DELIVERY:

Unless actual date of delivery is specified (or if specified delivery cannot be met), show number of days (in calendar days) required to make delivery after receipt of purchase order, in space provided. Delivery time may become a basis for making an award. Delivery shall be within the normal working hours of the CJCFPD, Monday through Friday, excluding holidays.

2.10 AWARDS:

The CJCFPD reserves the right to reject any and all Bids or any portion of any Bid deemed necessary in the best interest of the District; to accept any item or group of items; to acquire additional quantities at prices quoted on the Bid Form unless additional quantities are not acceptable, in which case the Bid Form must be noted "BID IS FOR SPECIFIED QUANTITY ONLY". The CJCFPD also reserves the right to award the contract on a split order basis, lump sum basis, individual item basis, or such combination as shall best serve the interest of the District. All awards made as a result of this Bid shall conform to applicable purchasing policies of the CJCFPD.

2.11 BID OPENING:

Bids shall be opened and publicly read at the CJCFPD Administrative HQ located at 805 NE Jefferson, Blue Springs, MO 64014 beginning at 4:00 PM, May 31st, 2023. All Bids received after that time shall be returned, unopened.

2.12 INSPECTION, ACCEPTANCE & TITLE:

Inspection and acceptance will be at the destination unless otherwise provided. Title to/or risk of loss or damage to all items shall be the responsibility of the successful bidder until acceptance by the CJCFPD unless loss or damage result from negligence by the CJCFPD. If the materials or services supplied to the CJCFPD are found to be defective or not conform to specifications, the CJCFPD reserves the right to cancel the order upon written notice to the seller and return the product at bidder's expense.

2.13 PAYMENT:

Payment will be made by the CJCFPD after the items awarded to a bidder have been received, inspected, and found to comply with award specifications, free of damage or defect and properly invoiced.

2.14 LEGAL REQUIREMENTS:

Federal, State, and Local laws, ordinances, rules and regulations that in any manner affect the items covered herein apply. Lack of knowledge by the bidder will in no way be a cause for relief from responsibility.

2.15 INDEMNIFICATION:

To the fullest extent permitted by Laws and Regulations, Contractor shall indemnify and hold harmless the CJCFPD and their consultants, agents and employees from and against all claims, damages, losses and expenses, direct, indirect or consequential (including but not limited to fees and charges of attorneys and other professionals and court costs) arising out of or resulting from the performance of the work, provided that any such claim, damage, loss or expense (a) is attributable to bodily injury, sickness, disease or death, or to injury to or destruction of tangible property (other than the work itself) including the loss of use resulting there from and (b) is caused in whole or in part by any willful and wanton or negligent or gross negligent acts or omission of Contractor, any subcontractor, any person or organization directly or indirectly employed by any of them to perform or furnish any of the work or anyone for whose acts any of them may be liable, regardless of whether or not it is caused in part by a party indemnified hereunder or arises by or is imposed by Law and Regulations regardless of the negligence of any such party.

2.16 QUALITY:

All materials used for the manufacture or construction of any supplies, materials or equipment covered by this Bid shall be new. The items Bid must be new, unless recycled materials are certified by bidder, the latest model, of the best quality, and highest grade workmanship.

2.17 DEFAULT/FAILURE TO PERFORM:

The CJCFPD shall be the sole judge of nonperformance, which shall include any failure on the part of the successful bidder to accept the award, to furnish required documents, and/or to fulfill any portion of this contract within the time stipulated.

Upon default by the successful bidder to meet any terms of this agreement, the CJCFPD will notify the bidder three (3) days (weekends and holidays excluded) to remedy the default. Failure on the contractor's part to correct the default within the required three (3) days shall result in the contract being terminated and upon the CJCFPD notifying in writing the contractor of its intentions and the effective date of the termination. The following shall constitute default:

- A) Failure to perform the work required under the contract and/or within the time required or failing to use the subcontractors, entities and personnel as identified and set forth, and to the degree specified in the contract.
- B) Failure to begin the work under this contract within the time specified.
- C) Failure to perform the work with sufficient workers and equipment or with sufficient materials to ensure timely completion.
- D) Neglecting or refusing to remove materials or perform new work where prior work has been rejected as non-conforming with the terms of the contract.
- E) Becoming insolvent, being declared bankrupt, or committing act of bankruptcy or insolvency, or making an assignment renders the successful bidder incapable of performing the work in accordance with and as required by the contract.
- F) Failure to comply with any of the terms of the contract in any material respect.

In the event of default of a contract, the successful bidder shall pay all attorney's fees and court costs incurred in collecting any damages. The successful bidder shall pay the CJCFPD for any and all costs incurred in ensuing the completion of the project.

2.18 CANCELLATION:

The CJCFPD reserves the right to cancel this contract by written notice to the contractor effective the date specified in the notice should any of the following apply: A) The contractor is determined by the CJCFPD to be in breach of any of the terms and conditions of the contract and/or to have failed to perform his/her services in a manner satisfactory to the CJCFPD. In the event the contractor is found to be in default, the contractor will be paid for all labor and materials provided as of the termination date. No consideration will be given for the anticipated loss of revenue or the canceled portions of the contract. B) The CJCFPD has determined that such cancellation will be in the best interest of the CJCFPD to cancel the contract for its own convenience. C) Funds are not available to cover the cost of the services. The CJCFPD's obligation is contingent upon the availability of appropriate funds.

2.19 SUBSTITUTIONS:

The CJCFPD WILL NOT accept substitute shipments of any kind. Bidder(s) is expected to furnish the brand quoted in their Bid once awarded. Any substitute shipments will be returned at the bidder’s expense.

2.20 WARRANTIES OF USEAGE:

Any estimated quantities listed are for information and tabulation purposes only. No warranty or guarantee of quantities needed is given or implied. It is understood that the Contractor will furnish the CJCFPD's needs as they arise.

2.21 NON-COLLUSION:

By submitting this bid, Bidder certifies that this offer is made without prior understanding, agreement, or connection with any corporation, firm or person submitting an offer for the same materials, services, supplies, or equipment and is in all respects fair and without collusion or fraud.

No premiums, rebates or gratuities are permitted, either with, prior to or after any delivery of material or provision of services. Any violation of this provision may result in the cancellation, return of materials or discontinuation of services and the possible removal from the vendor bid list(s).

2.22 PROHIBITION OF INTEREST:

Bidders must disclose any affiliation with CJCFPD elected officials, officers, or employees. Failure to disclose any such affiliation will result in disqualification of the bidder and may result in removal from the vendor bid list(s).

2.23 UNBALANCED BIDS:

When a unit price bid has variable or estimated quantities, and the bid shows evidence of unbalanced bid pricing, such bid may be rejected

2.24 TIED BIDS:

In the event of an identical tied bid or proposal, preference will be given to local vendors. For the purpose of this RFP, “local” shall be defined as within the geographic boundaries of the CJCFPD.

3.0 DESCRIPTION AND SPECIFICATIONS OF BID ITEMS:

ITEM	BID ITEM REF. NUMBER	SPECIFIED BRAND	SPECIFIED MODEL	DESCRIPTION/SPECIFICATION
Cardio Equipment				
Concept 2 Rower	CE01	Concept 2	Model D, PM3	N/A
Elliptical	CE02	Precor	EFX 835 w/o options	Precor, EFX 835 Elliptical Fitness Crosstrainer, Base Model
Treadmill	CE03	Precor	TRM 885 w/o options	Precor, TRM 885 Treadmill, Base Model.
Assault Bike	CE04	Rogue	Echo	The Rogue Echo Bike combines heavy-duty steel, precision engineering, and convenient customization to forge a stronger, sturdier fan bike.
Strength Equipment				
Cable Crossover	SE01	Life Fitness	MJ5	Multi-jungle core tower, Model MJ5, w/ 5 weight stacks; includes component parts MJAXO, MJFXO, MJACO, MJFCO, MJAP, MJLP, MJLPD, MJRW, MJRWD and triceps pushdown. Warranty is 10 years on frame; 5 years on pulleys, weight plates and guide rods; 1 year on bearings, cables and grips; 90 days on upholstery. Frame is 11 gauge steel with electrostatic powder coat finish. Cables are 7x19 strand construction; pulleys are fiberglass-impregnated nylon with sealed ball bearings.
Infinity Rig System	SE02	Rogue	RFIR-10-2UP	Length 10' X 6' Width X 12' Height; Made with "2" X 3" 11 Gauge Steel; 5/8" Bolts and Fasteners; West Side Hole Pattern – 1" through bench and clean pull zone then 2" spacing above and below Pullup Bar height is adjustable - 8', 7' 6" or 7'; (2) West Side Rack Front - (4) J-Cups, (12) Pullup Positions
Glute-Ham	SE03	Rogue	RF0097-U	Rogue Abram Glute-Ham Developer; Made in USA; Choice of foam roller foot pad or upholstered roller foot pad; 2"x3" steel construction; wheels and handles for easy mobility; split pad design with heavy duty moisture wicking upholstery; upholstered ankle pads w/ 1" adjustable increments on foot pads; holes for band pegs; oversized laser cuty 3/16" steel foot plate; foot print 70"x40"; 500 lb. capacity.

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Squat/Press Stand	SE04		S-1	Height 72"; foot print 48"x48"; 2"x3" 11 ga. steel construction; weight capacity 1000 lbs., Made in USA
Bench, Flat	SE05	Rogue		Flat utility bench; dense neoprene pad; bench pad width: 12"; bench pad height: 17.5"; foot print 47.5"x13"x17.5"; constructed from 2"x2", 11 gauge tubing; Made in USA
Bench, Adjustable	SE06	Rogue Adjustable Bench	3.0	Version 3.0 of the Rogue Adjustable Bench features an upgraded 3x3" 11-gauge steel frame, an expanded range of incline and seat positions, and an efficient bolt-together design* that enables a flat shipping cost—far less than past models
Smith Station	SE07		Hammer Strength	
Free Weight Equipment				
Olympic Bar	FW01	Rogue	PW20WMM	Straight Olympic bar, Rogue; lifetime guarantee against bending; Men's; 20 kg; 28.5mm diameter; dual Olympic knurl without center knurl; shaft coating black zinc; sleeve coating bright zinc; pressed sleeve construction; snap ring sleeve design; bushing style; 155K tensile strength; Made in USA
Olympic Bar, Women's	FW02	Rogue	PW15RWW	Straight Bella Bar; Rogue; Women's; 15 kg; 25mm diameter; dual Olympic knurl without center knurl; shaft coating black zinc; sleeve coating bright zinc; pressed sleeve construction; snap ring sleeve design; bushing style; 155K tensile strength; Made in USA
Dip Rack	FW03	Rogue	Monster Lite Matador	
Hex/Trap Bar	FW04	Rogue		
Safety Squat Bar	FW05	Rogue		
Spring Collars (pairs)	FW06			Spring Collar; must fit 28.5mm diameter bars
Bumper Plate, 45 lb.	FW07	Rogue	HTRF45LBP	Rogue – Hi temp bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 35 lb.	FW08	Rogue	HTRF35LBP	Rogue – Hi temp bumper plate; high quality steel inserts; Made in USA

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Bumper Plate, 25 lb.	FW09	Rogue	HTRF25LBP	Rogue – Hi temp bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 15 lb.	FW10	Rogue	HT15LBP	Rogue – Hi temp bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 10 lb.	FW11	Rogue	HTRF10LBP	Rogue – Hi temp bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 45 lb.	FW12	Rogue	RFHG45P	Rogue – HG bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 35 lb.	FW13	Rogue	RFHG35P	Rogue – HG bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 25 lb.	FW14	Rogue	RFHG25P	Rogue – HG bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 15 lb.	FW15	Rogue	RFHG15P	Rogue – HG bumper plate; high quality steel inserts; Made in USA
Bumper Plate, 10 lb.	FW16	Rogue	RFHG10P	Rogue – HG bumper plate; high quality steel inserts; Made in USA
Kettle Bell 70 lb	FW17	Ader		Ader Kettle Bell
Kettle Bell 53 lb	FW18	Ader		Ader Kettle Bell
Kettle Bell 35 lb	FW19	Ader		Ader Kettle Bell
Kettle Bell 18 lb	FW20	Ader		Ader Kettle Bell
Kettle Bell 13 lb	FW21	Ader		Ader Kettle Bell
Rings	FW22	Rogue	RA002	Wooden rings with 1.25" heavy duty black nylon webbing; Made in USA
Medicine Ball, 20 lb	FW23	Dynamax		Dynamax Medicine Ball; leather cover and stitching; Made in USA
Medicine Ball, 16 lb	FW24	Dynamax		Dynamax Medicine Ball; leather cover and stitching; Made in USA
Medicine Ball, 14 lb	FW25	Dynamax		Dynamax Medicine Ball; leather cover and stitching; Made in USA
Slam Ball, 20 lb	FW26			
Jump Rope	FW27	Rogue	SR-3	Rogue – SR-3 jump rope; minimum length 9'6"
Plyo Box 20"x24"x30"	FW28		RF0225	Games multi side plyo boxes with 20", 24" & 30" sides
Dumbbell 45 lb	FW29			Dumbbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid

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				steel shaft.
Dumbell 50 lb	FW30			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 55 lb	FW31			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 60 lb	FW32			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 65 lb	FW33			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 70 lb	FW34			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 75 lb	FW35			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 80 lb	FW36			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 85 lb	FW37			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 90 lb	FW38			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 95 lb	FW39			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell	FW40			Dumbells have contoured, knurled chrome

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100 lb				handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 105 lb	FW41			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 110 lb	FW42			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 115 lb	FW43			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 120 lb	FW44			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Dumbell 125 lb	FW45			Dumbells have contoured, knurled chrome handles and durable rubber-covered heads; the heads are torque-threaded and permanently affixed to a 35mm thick, solid steel shaft.
Accessories				
Abmat	ACC01			Abmats; Made in USA
Yoga Mat	ACC02			Yoga mats with eyelets
Crossover Symmetry Bands	ACC03			1 set
Rogue Bands	ACC04	Rogue		1 set of #0 to #7
Weighted Vest	ACC05	Rogue		Vest plate carrier and USA Cas Plates 20 lb pair
Plate Rack	ACC06			Portable plate and barbell storage tree

APPENDIX A: BID PRICE WORKSHEET

ITEM	COUNT	REF NUMBER	DESCRIPTION	UNIT COST	TOTAL COST
CARDIO EQUIPMENT					
Concept 2 Rower	1	CE01	Concept 2 Rower, Model D, PM3	\$	\$
Elliptical	1	CE02	Precor EFX 835 without options	\$	\$
Treadmill	1	CE03	Precor TRM 885 without options	\$	\$
Assault Bike	1	CE04	Rogue Echo	\$	\$
STRENGTH EQUIPMENT					
Cable Crossover	1	SE01	Five weight stack multi-jungle core tower model MJ5	\$	\$
Infinity Rig System	1	SE02	Infinity Rig System – Rogue	\$	\$
Glute-Ham	1	SE03	Glute-Ham developer – Rogue	\$	\$
Squat/Press Stand	1	SE04	Squat/Press Stand, S-1	\$	\$
Bench, Flat	1	SE05	Flat Utility Bench – Rogue	\$	\$
Bench, Adjustable	1	SE06	Rogue Adjustable Bench	\$	\$
Smith Station	1	SE07	Hammer Strength	\$	\$
FREE WEIGHT EQUIPMENT					
Olympic Bar	1	FW01	Olympic Straight Bar - Rogue	\$	\$
Olympic Bar, Women's	1	FW02	Bella Bar – Women's Olympic Straight Bar Rogue	\$	\$
Dip Rack	1	FW03	Rogue Monster Lite Matador	\$	\$
Hex/Trap Bar	1	FW04	Rogue TB-2	\$	\$
Safety Squat Bar	1	FW05	Rogue SB-1	\$	\$
Spring Collars (pairs)	4	FW06	Spring Collars	\$	\$
Bumper Plate, 45 lb	2 sets	FW07	Hi temp bumper plate - Rogue	\$	\$
Bumper Plate, 35 lb	1 set	FW08	Hi temp bumper plate - Rogue	\$	\$
Bumper Plate, 25 lb	1 set	FW09	Hi temp bumper plate - Rogue	\$	\$
Bumper Plate, 15 lb	1 set	FW10	Hi temp bumper plate - Rogue	\$	\$
Bumper Plate, 10 lb	1 set	FW11	Hi temp bumper plate - Rogue	\$	\$

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Bumper Plate, 45 lb	1 set	FW12	HG Bumper plate – Rogue	\$	\$
Bumper Plate, 35 lb	1 set	FW13	HG Bumper plate – Rogue	\$	\$
Bumper Plate, 25 lb	1 set	FW14	HG Bumper plate – Rogue	\$	\$
Bumper Plate, 15 lb	1 set	FW15	HG Bumper plate – Rogue	\$	\$
Bumper Plate, 10 lb	1 set	FW16	HG Bumper plate – Rogue	\$	\$
Kettle Bell, 70 lb.	1	FW17	Kettlebell, Ader	\$	\$
Kettle Bell, 53 lb.	1	FW18	Kettlebell, Ader	\$	\$
Kettle Bell, 35 lb.	1	FW19	Kettlebell, Ader	\$	\$
Kettle Bell, 18 lb.	1	FW20	Kettlebell, Ader	\$	\$
Kettle Bell, 13 lb.	1	FW21	Kettlebell, Ader	\$	\$
Rings (sets)	1	FW22	Wooden Rings with heavy duty black Nylon – Rogue	\$	\$
Medicine Ball, 20 lb	1	FW23	Medicine Ball, Dynamax	\$	\$
Medicine Ball, 16 lb	1	FW24	Medicine Ball, Dynamax	\$	\$
Medicine Ball, 14 lb	1	FW25	Medicine Ball, Dynamax	\$	\$
Slam Ball, 20 lb	1	FW26			
Jump Rope	2	FW27	Jump Rope – Rogue SR-3	\$	\$
Plyo Box, 20"x24"x30"	1	FW28	Multi Side Plyo Box – Games	\$	\$
Dumbbell, (set) 45 lb.	1	FW29	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 50 lb.	1	FW30	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 55 lb.	1	FW31	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 60 lb.	1	FW32	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 65 lb.	1	FW33	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 70 lb.	1	FW34	Dumbbell, Set of 2	\$	\$
Dumbbell,	1	FW35	Dumbbell, Set of 2	\$	\$

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(set) 75 lb.					
Dumbbell, (set) 80 lb.	1	FW36	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 85 lb.	1	FW37	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 90 lb.	1	FW38	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 95 lb.	1	FW39	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 100 lb.	1	FW40	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 105 lb.	1	FW41	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 110 lb.	1	FW42	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 115 lb.	1	FW43	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 120 lb.	1	FW44	Dumbbell, Set of 2	\$	\$
Dumbbell, (set) 125 lb.	1	FW45	Dumbbell, Set of 2	\$	\$
Accessories					
Abmat	1	ACC01	Abmat	\$	\$
Yoga Mat with Eyelet	2	ACC02	Yoga Mat	\$	\$
Crossover Symmetry Bands	1	ACC03	Crossover Symmetry Bands, 1 set	\$	\$
Rogue Bands	1	ACC04	Rogue Bands 1 set #0 to #7	\$	\$
Weighted Vest	1	ACC05	Vest plate carrier and USA Cas Plates 20 lb pair	\$	\$
Plate Rack	1	ACC06	Portable plate and barbell storage tree	\$	\$

Authorized Representative Submitting Bid:

(Signature)

(Printed Name)

(Title)

(Date Completed)

APPENDIX B: REFERENCES

Company Name:
Address:
Contact Name:
Phone Number:
Email Address:
Company Name:
Address:
Contact Name:
Phone Number:
Email Address:
Company Name:
Address:
Contact Name:
Phone Number:
Email Address:

APPENDIX C: EQUIVALENTS

ITEM	EQUIVALENT TO BID ITEM REF. NUMBER	BRAND	MODEL	MEETS OR EXCEEDS SPEC.	
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
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				Y	N
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				Y	N
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				Y	N
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				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N
				Y	N

If required, additional copies of this worksheet can be printed and submitted.